PAUSE AND CHECK

1. Rushed or scared? Take a breath.
2. Hang up.
3. Call back on a number I already have.
4. Talk to family before I pay or share anything.

Real problems can wait 10 minutes.

ONLY SCAMMERS ASK FOR

Gift cards
Bitcoin ATMs or crypto
Wire transfers
Cash pickup
My verification code
If someone asks, I hang up.

WHO I CALL

Family first: _____

My bank (back of my card):

_____

National Elder Fraud Hotline: 833-372-8311
(Mon to Fri, 10 a.m. to 6 p.m. ET)
AARP Fraud Watch Helpline: 877-908-3360
(Mon to Fri, 8 a.m. to 8 p.m. ET)
Report: ReportFraud.ftc.gov

HANG-UP SCRIPT

"I don’t handle this on the phone."
"I’ll call you back on the number I have."
"Goodbye."
Then hang up. I don’t need to explain.
A real bank, agency, or relative will be fine with that.